



**AFTER
SCHOOL
CARE** by
Camp
Australia

we make kids smile

GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



Children's Week

Children's Week is a national celebration of children's rights, talents and citizenship held on the fourth Wednesday of October in Australia to coincide with Universal Children's Day. Each year the theme of Children's Week highlights a particular Children's Right.

2018 Theme: Article 12 of the United National Convention on the Rights of the Child states that; "Children have the right to have a say in matters that affect them, and for adults to listen and take it seriously."

Tips to Parents and Caregivers for Talking to Children About Personal Safety

- Help Children identify trusted adults (both within the family and outside) they can talk to, if they are worried, upset, or don't feel safe. Create a list together. Make sure the trusted adults know they are on your child's list.
- Remind children that they can talk to you or a trusted adult about anything, no matter how big or small their worry might be.
- Talk to children about how they know when they feel safe or unsafe. Help them to listen to their early warning signs (how their body feels), and to trust their feelings and instincts.
- Use everyday activities (such as preparing meals and snacks, going for walks, playing, shopping) as opportunities for conversations. If children are used to having lots of communication, it can make it easier to talk when big or tricky issues come up.
- Be open to talking about all kinds of feelings, including anger, joy, frustration, fear and anxiety. This helps children to develop a 'feelings vocabulary'.
- Show children that you can respond sensitively to negative emotions as well as positive one when they express their anger, embarrassment, sadness or fear.
- Don't rush into problem-solving. Your child might just want you to listen, and to know what their feelings and point of view matter to someone.

Source: <http://www.napcan.org.au>

At Camp Australia, every child has the right to be listened to, we take their opinions seriously, and their safety is our number one priority.

Program Details

To find out more about our program, view fees and to register visit www.campastralia.com.au