

Connected Community – Engaged Educators – Successful Students

Included in the Newsletter

- Formal Student Reports
- P & C / School Banking
- Christmas Concert
- PE
- Speak Up
- Book Week/Book Fair
- Social and Emotional Learning

Quick Links

- [HPS Website](#)
- [Community Business Register](#)
- Business Register [online form](#)
- <http://hillarysps.wa.edu.au/information/school-communication-app/>

NEW BOARD MEMBERS

Elections were held over the last two weeks for new Board members and I am pleased to announce that the successful nominees are: Pamela Stewart, Rebecca Hayes, Prachi Aggarwal and Jackie Lock. Welcome all to the Board. I would take this opportunity to thank outgoing members Brian Luinstra, Jim Caldwell, Wendy Worth and current Board Chairperson Tara Hannent. All have served extremely well and have been instrumental in ensuring the school attended to its first Business Plan, crafting the new school vision, mission statement and values.

KINDERGARTEN

A reminder to parents of Kindergarten children that the area needs to be cleared as soon as possible after the children have been dismissed. Our contract with Camp Australia stipulates the use of the area for their purposes. Thank you for your understanding.

P&C

The P&C are looking for a Secretary and a Treasurer for 2018. The P&C cannot run if these positions are not filled. Please do consider the request for these positions in supporting the school. Contact the front office or Martin Barrett (President) if you are able to assist.

DUNCRAIG SENIOR HIGH ORIENTATION

A reminder that this will occur for Year 6 students attending DSHS next Tuesday 28th November.

FAMILY CONCERT

Don't forget that our Family Concert will be run on Monday 4th December commencing at 5:00pm for the picnic dinner and 6:00pm for the start of the Concert. Please note that children will be called to their classes at 5:45pm.

CLASS LISTS 2018

Next year, you will receive an email indicating which class your child will be in. This will occur on the morning of Monday 29th January. You will not be required to attend the school prior to students starting as there will be no class lists posted around the school.

SCHOOL CHOIR

Our choir will be visiting and performing for the residents of the Seacrest Nursing Home in Sorrento on Thursday this week.

ASSEMBLY

Our next assembly is scheduled for this **Friday 24th November** and will be hosted by Pre-Primary, D2.

Ron Chesny, Principal

Formal Student Semester Reports Emailed to Parents

In line with Department of Education directions, Hillarys Primary School will be **emailing electronic** copies of formal student reports again this semester. **Student reports will be emailed** to the parent (one parent) who has been nominated as the 'mail marker' on our system.

To ensure all reports are sent to the appropriate email addresses, please contact the front office if you have recently changed addresses or are unsure of what email address we have on our system. **It is imperative that all details are accurate.** Thank you

P & C

NOTICE OF GENERAL MEETING

Date: **Thursday 30th November 2017**

Time: **7:00pm**

Place: **The School Library**

Please note: This is the last meeting for 2017.

Amongst the topics to be discussed are:

□ Planning for early 2018

□ Positions vacant- P&C Secretary and P&C Treasurer

*Membership is only 20cents per year and you can join at any time!
Membership forms are available from the school office or by request
From the P&C Association Secretary - belinda.kretschmer@iinet.net.au*



See attached flyer for information on our

**CHRISTMAS
CONCERT**

MONDAY 4TH DECEMBER

We would like to congratulate our Principal's Award winners:

Florence E	B4	Lauren N	C1
Lashiya C	A6	Mia M	D2
Alri M	C5	Maxen H	B1
Oliver W	C3		



CHOOSE RESPECT
RESPECT IS TO TREAT WITH CARE AND CONSIDERATION

P.E.

Inter-school Tennis Team



Thank you to all the students who attended try-outs last week for our very first Inter-school tennis team. Competition was tough as we had a large number of eager students who all tried very hard. The chosen squad members have received a letter informing them of their selection. The squad comprises of 5 or 6 male and 5 or 6 female members in both junior (Year 3 and below) and senior (year 6 and below) divisions. The final 4 players in each will be chosen from these after some additional training sessions. The first session will be Monday 20th November on the school basketball courts. Students will be informed of any additional sessions. We wish all the students the best of luck for the competition on **Friday 1st December 4-6.30pm** and hope they will enjoy the whole experience.



Jump Rope for Heart

Well done and thank you to the students and families who are participating in the Hillarys PS Jump Rope for Heart campaign. I have enjoyed reading some of the student profiles and the reasons why they have chosen to raise funds for the Heart Foundation. We have managed to get an extension to Monday 27th November for all fund raising to be completed. This gives nearly another week to "Jump on Board" and get involved. Remember all fund raising will be done via online sponsorship so the journey begins by registering online. Visit www.jump rope.org.au go to the Kids tab and click on REGISTER.

Inter-school Swimming Squad



As in previous years, Hillarys PS has been invited to participate in a combined schools' swimming carnival in Term One 2018. This will involve interested **students from years 4-6 in 2018 who are able to complete a 25m swim both confidently and competently at race pace**. Ideally they will have completed Stage 6 or above in Education Department swimming lessons. Involvement in this activity will be dependent on whether we have enough interest and commitment from students and their parents. Please note that this is **NOT a "learn to swim" opportunity**. Mrs Armstrong will discuss the opportunity in class lessons over the next week or two and give a note to those students who indicate they are interested. There will be a short information session for parents on Wednesday 6th December from 3.05pm in the Science Room to discuss logistics and answer any of your questions.



LOWES SCHOOL WEAR - Joondalup





Speak Up



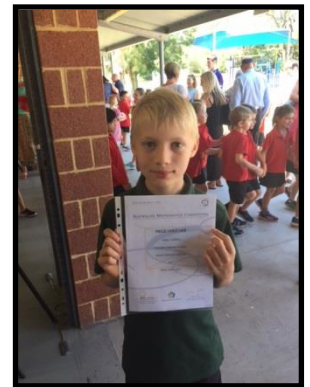
Earlier this year, Tawai G, winner of the Year 5/6 competition, represented Hillarys PS at the Speak Up Award Finals in Doubleview. Tawai's name also appears on the perpetual trophy which is displayed in the school foyer.

More recently, the Yr 4s held their Speak Up competition. Congratulations to finalists Sam W, Kyan D, Zachary H, Alri M, Leah H and Blythe S, and this year's winners Caitlyn M, Mya H and Colby T.

Australian Mathematics Competition (AMC)



Congratulations to all of the Yr 4, 5 and 6 students who were selected to participate in the Australian Mathematical Trust's national competition, the AMC. Between them, our students earned the following levels of achievement: 3 x Proficiency, 15 x Credit, 8 x



Distinction, 1 x High Distinction (Bradley W, Yr 6) and 1 x Prize (Jared T, Yr 4). Jared finished in the top 0.3% and has been invited to a special awards presentation.



Merit Awards

Congratulations to the following Merit Award recipients at the Assembly held on 10th November 2017.

Georgina B	Batavia 1	Lucas S	Batavia 2	Eva B	Batavia 2
Ashley C	Batavia 2	Ruaridh M	Batavia 3	Sam H	Batavia 4
Evie M	Batavia 4	Layla M	Batavia 5	Annabel M	Amity 4
Cora V	Amity 4	Caleb R	Cygnets 2	Emily W	Cygnets 3
Archie M	Cygnets 3	Chelsee L	Cygnets 4	Imogen M	Cygnets 4
Jamie M	Cygnets 6	Skye B	Cygnets 6	Ellie-Mae S	Science
Liam G	Science	Oliver W	Science	William H	Duyfken 1
Summer E	Duyfken 3				
Finlay B	Amity 6	Tristin DT	Cygnets 2		



Magpie Savvy HPS

Hillarys Primary School is lucky to be nestled amongst tall gum trees which are home to many species of birds. In spring time local magpie families nest in the trees around HPS and in adjacent Hillarys Park. For a period of time in spring between September and November some magpies can become protective of their nests and their chicks as they venture out to learn to fly. Adult magpies can respond to cyclists, pedestrians and their dogs by swooping in an attempt to warn them away. This is natural animal behaviour and it helps to be prepared. Swooping incidents are fairly rare but HPS students and parents can be 'magpie savvy' to prevent problems occurring.

Some safety tips to remember are:

- Be alert aware of magpie nesting areas, stay clear and plan an alternative route
- Listen for distinctive magpie calls
- Wear a hat and sunglasses to protect your eyes and heads
- If you are swooped do not yell, wave your arms or other objects around as that may provoking further swooping
- If you are swooped on your bike hop off and walk quickly away with your head down as this may stop the swooping
- Always treat the birds with respect so that they learn to trust that humans are not a threat

Hillarys Primary School students care for nature, so remember these helpful tips when you travel to and from school.



Term 4 Hot-Shots Tennis lessons at school! Held Monday 7:45-8:30am at school, starting 30th Oct. Great fun and all ages/ levels welcome! Details and online registration at instyletennis.com.au / 0421 947 660 / carlo.j.piva@gmail.com Cost \$118/7wks. All registrations receive a free Hot Shots T-shirt! Choose a game they can play for life! *"With Instyle Tennis you will learn the skills, play the game, meet new friends & have fun!"*



Scholastic Book Club AND Book Fair

How lucky are we at Hillarys Primary?

There are **TWO** ways to get your Scholastic fix this Term.

The School Library is holding a Book Fair from Tuesday 21st November until Friday 24th November.

AND

Scholastic BookClub online catalogue ordering, also due c.o.b Friday 24th November.
(Delivery is two weeks from closing date)

A percentage from each sale goes back to the school to pay for educational programmes, books for your classroom, lexile readers and to update books for the School Library.

So please support your school, order today for your children, friends, family, christmas presents, stocking fillers or simply for your home book shelves.

Thankyou for your continued support this year and have a Merry Christmas.

Renaë Ottey
Bookclub Co-ordinator



Exciting news!! We're having a Book Fair.

A great opportunity to get some of those Christmas presents organised.

Come and join us in the Library

from Tuesday 21st Nov until Friday 24th Nov.

We will be opening early and closing late so there will be plenty of time to have a look.



Social and Emotional Learning - How to Help at Home

The following information is taken from an article written by Linda Stade, an educator and research officer, who writes an educational blog. In this article she focuses on some of the issues facing girls and their friendships.

She talks about the many influences on young girls and how as educators and parents we want to help them make good choices to stay away from harm.

She goes on to write....

"In reality, the more likely destructive influence on an adolescent girl's day to day life is the damage they do to one another in their friendship groups...Relational aggression.

Relational aggression is the psychologist's name for what the rest of us call 'mean girls' behaviour, or straight up 'bitchiness'. It is a pattern of behaviour typically played out by school age girls, but it is not exclusive to them. In fact, where do they learn it if not from their adult role models? Adults are just more subtle about it.

Chances are, you've experienced relational aggression. You know it when it happens to you. It's an emotional slap in the face and you often feel a sense of shame and confusion. What distinguishes relational aggression from just being mean, is that it focuses on damaging a person's sense of social place. I see it as using relationships as weapons.

Relational aggression may include:

Exclusion

Gossip

The silent treatment

Belittling (Often hidden behind the expression 'just joking')

Conditional friendship

The first four are self-explanatory, but 'conditional friendship' is more difficult. The child knows there are unspoken rules about behaviour and 'going along' with the group. It is why many lovely girls behave very poorly. Inclusion is incredibly important to their developing psyche and they will do anything to remain within the inner circle.

Relational aggression is about power and exclusion and it can be very destructive. It has nothing to do with friendship, yet many people see it as a normal aspect of young girls' relationships. It has become normalised and it shouldn't be. The terminology around it is often softened. It is referred to in schools as 'friendship issues', and in society we say things like, "That's just girls".

There is then more information about how and why it happens (which you can read by going to the link at the bottom of this article if you want to know more. Then she talks about how parents can help.....

What can parents do?

"It isn't all hopeless. This is learned behaviour and learned behaviour can often be unlearned. But there are commitments that need to be made by adults. We need to:

Make friendship cool. Modelling by adults is the most powerful way of doing that. Talk about the great qualities of your friends to your kids. Too often we niggle at our friends' weaknesses instead of verbally celebrating their greatness.

- 1. Explicitly teach kindness, compassion and empathy. We know kids have the capacity for these qualities. They are often evident at home or with people of different ages, but they are not being engaged in their relationships with peers.*
- 2. Explicitly teach emotional intelligence. Help kids recognise who is loyal and who is safe. Talk to them about relational aggression. They should be able to recognise it and name it.*

3. *Teach kids to be:*

- a. *Upstanders - These are people who stand up for victims. It's been proven that if you can stand up to a bully for 8 seconds, they are likely to back down. Some kids are stronger than others. We need to make it cool to be strong and able to defend others.*
 - b. *Distracters - It is important that kids be able to recognise when a mean moment is coming and distract participants away from it. It's a skill that adults eventually learn themselves, but if kids are given instruction on how to do this it can be learnt more quickly.*
 - c. *Supporters - Kids can be encouraged to do something as small as make eye contact with a victim while aggression is happening. That shows the victim that the behaviour is seen and acknowledged. It makes the victim seen and acknowledged. They aren't alone.*
4. *Carefully manage on-line activity. A lot of relational aggression happens out of school hours, in cyberspace. Kids need a break from their friendship groups.*
5. *Create opportunities for children to meet lots of new people outside of school and get to know them well. I love sport for this reason and many more. Team mates are people you have to understand and communicate with. Assumptions about people get tested.*
6. *Please.... Never say, "That's just girls", or "boys will be boys" for that matter. We can be better than that. Or at least we can try."*

For more detailed information go to:

<http://lindastade.com/girls-and-their-frenemies-2/>

Thank you for a great year of School Banking.

We would like to thank all of our students who have participated in the CommBank School Banking program this year.

Our final School Banking day for 2017 will be 14 December 2017. If your child is eligible to order a reward item please ensure that the reward coupon is completed and returned prior to the 29 November 2017.

Any orders received after this date will not be processed until Term 1, 2018.

Any tokens that have not been redeemed this year can be used in 2018.





Thankyou to Miss Stokes and all the children for the beautiful poppies displayed on the schools front lawn for Remembrance Day



READY STEADY SCHOOL

PLEASE SEE ATTACHED FLYER

Occupational Therapy at Edith Cowan University (OT@ECU) is pleased to announce that (for the third consecutive year) we will run groups for children in early primary school who are experiencing difficulties in school participation, at the Joondalup Community Clinical School.

In semester 1, 2017 we had more children apply for these groups than ever before and we added a number of additional groups so that we could provide services to a far greater number of children. Following the block of sessions, parents are all asked to complete questionnaires and just a few comments they have made in the past include:

"I know I need to be doing things at home but this gave great suggestions of activities we both have enjoyed"

"more teachers need to know about this"

"my child is making small but great progress from these classes - even his teacher has commented"

"He has had many individual OT sessions previously, but what was wonderful for him was being part of a group. He enjoyed having other children his age also working through the activities"

Ready, Steady, School is a school readiness group for kindy and pre-primary students, and

Ready, Steady, Succeed is a group which aims to improve essential school skills for children in years 1, 2 and 3.

Experienced paediatric Occupational Therapists will work alongside ECU OT students to provide individualised assessment and group intervention with the aim of developing school participation and performance.

These groups will commence in Term 1, 2018 and will have no fees attached. In future years, a small fee may be introduced to assist us in continuing to offer these groups to a great number of children. Groups operate at the ECU clinical school which is based at Joondalup Health Campus.

TERM PLANNER – TERM 4 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	9 Oct PD DAY	10 Oct Board Meeting Newsletter	11 Oct	12 Oct	13 Oct Grow Your Mind Day Lapathon
Week Two	16 Oct	17 Oct Cockburn House Year 1/2	18 Oct Cockburn House Year 1/2	19 Oct	20 Oct Assembly B6 Year 4 Zoo Excursion School Disco
Week Three	23 Oct	24 Oct Newsletter	25 Oct STEM	26 Oct	27 Oct Whiteman Park Excursion – Year 3
Week Four	30 Oct P & C Meeting 7pm	31 Oct	1 Nov Interschool Jumps & Throws	2 Nov	3 Nov Interschool Athletics Carnival
Week Five	6 Nov	7 Nov Graduation Photos Newsletter	8 Nov (back-up J&T)	9 Nov	10 Nov (back-up Athletics) Assembly C6
Week Six	13 Nov	14 Nov	15 Nov	16 Nov	17 Nov
Week Seven	20 Nov	21 Nov Newsletter Book Fair	22 Nov Kindergarten Orientation Book Fair	23 Nov Book Fair	24 Nov Assembly D2 Book Fair
Week Eight	27 Nov	28 Nov Board Meeting	29 Nov	30 Nov	1 Dec
Week Nine	4 Dec FAMILY CONCERT	5 Dec Newsletter	6 Dec	7 Dec Network Meeting	8 Dec Assembly D1
Week Ten	11 Dec Year 5 End of year celebration.	12 Dec	13 Dec YR 6 GRADUATION	14 Dec	15 Dec PD Day (Teachers only)



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